



# Mealtime Miseries: Management of Complex Feeding Issues

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carol elliott BS, OTR/L

This course  
provides 1.4  
ASHA CEUs and  
14 Contact Hours  
for OT

## June 21–22, 2019

### Rockford, IL

Mercyhealth's Javon Bea Hospital  
and Physician Clinic-Riverside  
8201 E. Riverside Blvd.  
Room B010

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*The combination of clinical skills with behavioral management of eating made this course an excellent learning opportunity. Great case studies and clinical reasoning... specific treatment techniques were taught and practiced with excellent handouts to support techniques.*

– L. SYKES, OT, ROCHESTER, NY

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## How does feeding, a process so integral to the child's health and well-being, go awry?

The focus of this 2-day course is on the Transdisciplinary Effective Assessment and Treatment (TR-eat®) model integrating oral motor/sensory therapy techniques along with medical and behavioral management for the treatment of complex feeding problems. It will cover innovative strategies and case examples, to address oral aversion, food refusal, poor transition onto solid foods, texture grading, learning to chew, self-feeding and feeding difficulties related to autism and picky eaters.

This course is packed with practical solutions and hands on techniques that will empower you with new treatment ideas for your most complex patients. These interventions are systematic and evidence based.

This course is appropriate for the following clinicians working with children with feeding disorders: OT, COTA, SLP, RD, RN, CSW, Psychologists.

Pediatric  
Feeding  
INSTITUTE

## Course Objectives

- Identify the foundation of the TR-eat® model.
- Identify variables that produce complex pediatric feeding problems including: medical, oral motor and behavioral.
- Identify feeding interventions across developmental stages.
- Differentiate between select behavioral strategies including shaping, chaining and fading as a catalyst to enhance oral motor and therapeutic skill building.
- Implement texture grading techniques and apply them to the process of making pureed table foods for children weaning from tube feedings and learning how to chew.
- Recognize treatment strategies for “picky eaters”, including those with autism, using behavioral interventions.
- Identify methods to improve problem solving skills through careful analysis to determine the most effective treatment plan to maximize desired outcomes.



**Elizabeth Clawson**, MS, Ph.D., LCP, HSPP is an internationally renowned pediatric clinical psychologist known for her extensive work in the field of pediatric feeding disorders. Dr. Clawson is a Licensed Clinical Child Psychologist and Director for the Pediatric Feeding Program at St. Vincent Hospital Center for Children in Evansville, Indiana. Elizabeth received her M.S. and Ph.D. degrees from Virginia Commonwealth University in 1996. She completed her internship at the Kennedy Krieger Institute/Johns Hopkins University School of Medicine with rotations in pediatric feeding therapy and hospital consultation/liaison intervention.

Dr. Clawson has worked in the area of pediatric psychology since 1992 and specialized in treating children with feeding disorders since 1996. She has been committed to establishing clinical data and research. She co-developed the TR-eat® Model with Carol Elliott, OTR/L in 2009 and has multiple research publications, presentations, and consultation contracts in the area of pediatric feeding therapy.



**Carol Elliott**, B.S., OTR/L is an internationally recognized and energetic speaker. She is the owner of her private practice Pediatric Feeding Services and co-owner of the Pediatric Feeding Institute. She was employed at Children's Hospital of Richmond at VCU for 23 years, 19 of which she worked full time in the Children's Feeding Program. Carol began her career in the area of pediatric Occupational Therapy in 1987 after receiving her degree at Elizabethtown College, Elizabethtown, PA. Prior to specializing in feeding disorders,

her clinical areas of expertise were pediatric brain injury, splinting/casting, burns and sensory integration. Since 1998 Carol has devoted her career to developing and implementing treatment techniques for children with complex feeding disorders including the development of the TR-eat® Model with Elizabeth Clawson, PhD in 2009. Along with her full time clinical practice, she has published multiple articles, conducted numerous presentations and has provided consultative services to other professionals and treatment centers in the area of pediatric feeding evaluation/treatment.

## workshop agenda

### Day One

- 7:30 - 8:00** Registration/breakfast
- 8:00 - 9:45** Review of feeding development birth-24 months (video examples). Identification of common etiologies related to feeding problems and challenges. Feeding difficulties for the “new” feeder - Evaluation/treatment (medical management, formula, positioning) with case studies
- 9:45 - 10:00** Break
- 10:00 - 11:30** Continue evaluation/treatment for the “new” feeder (oral-motor interventions, introducing spoon feeding) with case studies
- 11:30 - 12:30** Lunch (on your own)
- 12:30 - 2:30** Practice spoon placement and handling techniques, squeeze bottle use and preparation of smooth pureed table foods
- 2:30 - 2:45** Break
- 2:45 - 4:30** Introduction and application of behavioral principles, clinical problem solving, case examples

### Day Two

- 7:30 - 8:00** Registration/breakfast
- 8:00 - 9:45** Continuation of application of behavioral principles, clinical problem solving, case examples. Feeding problems and interventions for the “advanced” feeder (baseline evaluations, positioning, texture grading – preparation of texture graded pureed/chopped table foods, teaching chewing skills)
- 9:45 - 10:00** Break
- 10:00 - 11:30** Continue interventions for the “advanced” feeder (teaching chewing skills, addressing food packing behavior, introduction of self feeding) with case studies
- 11:30 - 12:30** Lunch (on your own)
- 12:30 - 2:30** Continue interventions for the “advanced” feeder (self-feeding, cup drinking, straw drinking) with case studies. Treatment techniques for children with autism and the “picky” eater (food fading, systematic desensitization, structured mealtimes, reward programs) with case examples
- 2:30 - 2:45** Break
- 2:45 - 4:30** Continue treatment techniques for children with autism and the “picky” eater (food fading, systematic desensitization, structured mealtimes, reward programs) with case examples

## Mealtime Miseries: Management of Complex Feeding Issues

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### Registration Form

Student  
discounts  
available  
Please email  
us for details

**June 21-22, 2019**

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and Physician Clinic-Riverside  
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Room B010

### Registration

	Early	Regular
Single	\$429	\$449
3+*	\$399 ea.	\$429 ea.

Early registration deadline: June 2, 2019.

\* Group prices are per person when registering at the same time.

Additional \$3.00 charge for SLPs wanting to obtain and file ASHA cues

Registration fees include course materials. Group discounts available, please contact us for information. You may cancel your registration up to 7 days before the workshop start date to receive a refund less \$35 administrative fee. No-shows or cancellations received less than 7 days prior to the course are non-refundable but can be rescheduled for a future course date.

Please enclose a check payable to **Pediatric Feeding Institute** and mail with this form to:

**Pediatric Feeding Institute**  
4120 Bellemeade Ave.  
Evansville, IN 47714

For credit card payment please go to [www.pediatricfeedinginstitute.com](http://www.pediatricfeedinginstitute.com) for further instructions.

We will confirm receipt of your registration via email and send you further information about the course. Thank you for registering. We look forward to meeting you!



The Indiana Speech-Language-Hearing Association is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for 1.4 ASHA CEUs (Intermediate level, Professional area).

\*For the ASHA required disclosure on conflict of interest, please go to the course description at [www.pediatricfeedinginstitute.com/seminars/live-courses/](http://www.pediatricfeedinginstitute.com/seminars/live-courses/)

registrant's name

registrant's title

registrant's profession

license number

email address (for confirmation)

facility / company

address

home  business

city

state

zip

phone

fax

# of registrants

ASHA ceus (SLPs only)  
\$3.00 each

total \$

For group enrollment, please include all registration forms with payment.

